



**1-855-845-7415**

**WE'RE HERE FOR YOU**

**ABOUT CA PEER-RUN WARM LINE**

The California Peer-Run Warm Line is a highly accessible, low-threshold mental health resource that people can use to seek support before they've reached the crisis point, in the hope that support now will prevent crisis later. We are also able to help link you to local emergency, mental health, or social services.

All calls are free and confidential.



**24/7**

**PEER SUPPORT**



**PHONE**

**1-855-845-7415**



**CHAT**

**MENTALHEALTHSF.ORG**

**WANT TO TALK TO A FRIENDLY VOICE WHO JUST GETS IT?**

The California Peer-Run Warm Line is a service of the Mental Health Association of San Francisco and supported by funding from the State of California



**GET IN TOUCH: ● 1-855-845-7415 ● San Francisco, California, USA ● www.mentalhealthsf.org**