

# Healthier Together in Santa Cruz County

Made possible through a grant from the National Association of County & City Health Officials (NACCHO) and CDC's National Center for Environmental Health



Scribe: \_\_\_\_\_

Reporter: \_\_\_\_\_

**Health-** Food insecurity, local and sustainable agriculture, healthy food access, liquor stores, fast food, food purchasing, etc.

## Survey Results

1. Existing local Group: 36
2. Excited: 32
3. Need/Opportunity: 29
4. Excited and able: 17

## Survey Comments

### Question #1

1. We have a school district health collaborative at PVUSD
2. Go For Health Food What Central Coast School Food Alliance Jovenes SANOS Second Harvest Food Bank CAFF
3. Leslie G's Benefits Collaborative working on CalFresh/MediCal outreach
4. Yes, in the area of Mental Health in particular the County is offering various training open to all service providers working with Teens. I have attended various meeting addressing Mental Health and early education (0-5). PVPSA is available to provide Mental Health Services within the PVUSD.
5. Salud Para La Gente, Pajaro Valley Health Trust
6. There are many including the Regional Diabetes Collaborative and Go For Health
7. Health Improvement Partnership Go For Health Regional Diabetes collaborative
8. Community Prevention Partners is addressing prevention of drug and alcohol abuse among youth and focusing on 3 drug areas- marijuana, prescription drugs, and alcohol. A new focus area has also emerged under CPP- that of addressing substance use disorder and co-occurring disorders (including mental health)
9. I know the county was working on a couple of strategic plans. Is it possible this could be a start?
10. Youth Access Coalition, Teen Forum
11. HSA ;).
12. PV Trust UW HIP
13. Community Prevention Partners and Friday Night Live



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### Resources:

Santa Cruz Co Public Health [santacruzhealth.org/HiAP](http://santacruzhealth.org/HiAP)  
HiAP FAQs [bit.ly/HiAPFAQ](http://bit.ly/HiAPFAQ)  
A Guide for State and Local Gov't [bit.ly/PHIguide](http://bit.ly/PHIguide)  
Video: Upstream Prevention [bit.ly/upstreamprevention](http://bit.ly/upstreamprevention)

### For More Information:

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☎ (831) 454-5018

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14. Mariposa, Youth Counseling Ctr, Defensa de Mujeres, Lideres Campesinas, Mesa Verde Gardens, Jovenes Sanos, Joven Noble, Planned Parenthood

15. HIPC; UW

## Question #2

16. Working on these issues in collaboration with Dignity Health, Diabetes Health Center, and the Food Bank, at our Davenport Resource Service Center.
17. Those issues that are relevant to our organization and within our scope of expertise and resources
18. Not these specifically, but active transportation and transportation safety, yes.
19. While the others are doing good work, we would love to see an upstream social determinants of health focused collaborative approach

## Question #3

20. Reducing health disparities in south county
21. There is a lot of working being done in separate areas, it would be great to bring it all together and replicate what is working while addressing what is not.
22. Identifying effective ways to engage residents and support them to improve their nutrition and physical fitness and overall health
23. Identifying partnerships that can begin work and measure success/outcomes of addressing issues in home work education that impact health
24. Fast food restaurants in south county vs. economic development
25. Alcohol, Marijuana, Prescription Drugs and Substance Use Disorder projects are currently in process.

## Question #4

26. Chronic disease prevention and treatment
27. Health and the social determinant and other upstream issues like early childhood development
28. Drug abuse
29. Physical activity and improved mental health and stress reduction.
30. Diabetes Prevention Education Reduction in youth overweight and obesity  
Prevention of dental disease- Promoting Oral Health Wellness at Work and Healthy Work Environments Pesticide Exposure Prevention and Safety Healthy food in our schools Nutrition education in our schools Community Gardens



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31. Creating safety environments that promote physical activity for the underserved community.
32. How prevention efforts, specifically around AOD use among our youth impacts the health and wellbeing of our community. How Economic Development sometimes takes precedence over the health of the community The overlaps of prevention, intervention and treatment I know that the COE and Dominican hospital are also paying close attention to school safety, mental health and suicides
33. Obesity and diabetes are serious issues in Watsonville.
34. For Health -- Working with Dominican Hospital, the doctors offices, addressing the disparity and lack of doctors in certain disciplines, and the planning of the new Sutter PAMF facility on Soquel (Flea Market site)
35. active transportation (bike/ped/transit) and transportation safety
36. prevention institute Alameda Department of Health
37. providing more opportunities for free physical activities in the community
38. Dvera Saxton, dsaxton@csufresno.edu Barrios Unidos in Fresno County.
39. I'd like to spend some efforts in working on causal mapping and identifying root causes of the adverse health conditions many in our community face.



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## Discussion/Considerations

## Potential Strategies

## Data & Data Sources



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