Health in All Policies (HiAP)

What, Why and How

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What is Health in All Policies (HiAP)?

- It is a systematic approach to improving health on the community-level by considering health in decisions that shape the environments where people live, learn, work, play, and travel.

- It is a collaborative approach that integrates and articulates health considerations into policy making across sectors, and at all levels, to improve the health of all communities and people.

NACCHO HiAP Policy Statement

▸ Federal, State, Local, Government role:

 ▸ Adopt a Health in All Policies approach in the policy-making process in order to ensure that policies made outside of the health sector have positive or neutral impact on the determinants of health

 ▸ Provide funding, training, and technical assistance for local health departments (LHDs) to ensure that they can assume a leadership role implementing a HiAP approach at the local level and determine the best strategies for implementing HiAP locally.

▸ Local health departments should:

 ▸ Take a leadership role to implement HiAP at the local level, including identifying the best strategies for implementing HiAP in the LHD jurisdiction

 ▸ Assume a prominent role educating local, state, and federal policymakers about the value of HiAP

▸

Why HiAP?

▶ Need to address health comprehensively because many of the factors that impact health are driven by multiple factors outside public health or healthcare

▶ Health Services Agency receives grant from NACCHO

▶ Grant
  ▶ Focus on South County
 ▶ Move from regional concentration and broaden efforts

What is health?

Health is the state of complete physical, mental, and social well-being and not merely the absence of disease or infirmity.

- World Health Organization

How is our health influenced?

$2.2 Trillion

Prevention, 4%

Behaviors & Environment 70%

Medical Services 96%

Genetics 20%

Medical Care 10%

Factors Influencing Health

National Health Expenditures

Adapted from Srikantharajah. 2011. Promoting Community Based Prevention through Health Reform. Prevention Institute.
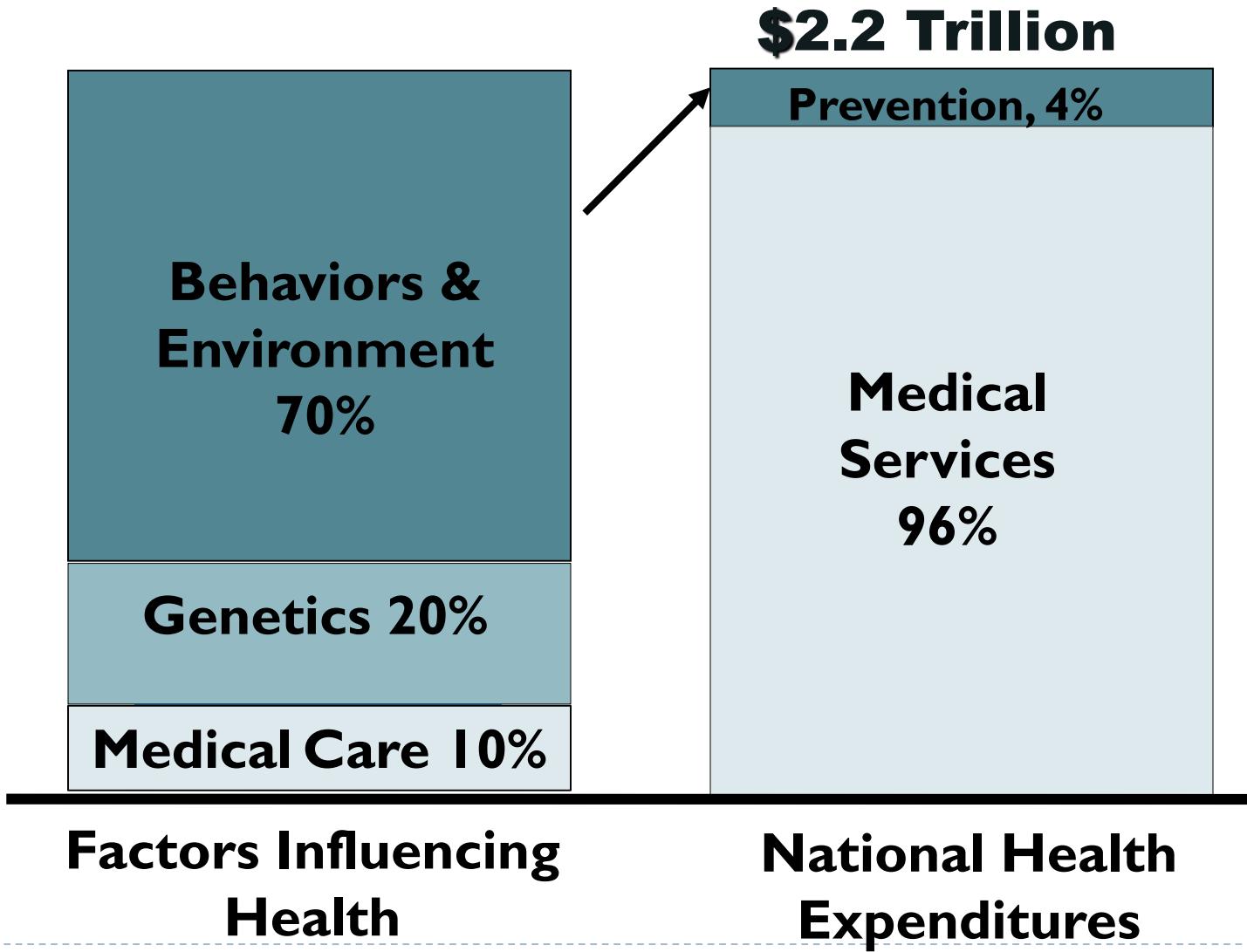
How does our environment impact our health?

Social Capital

Air Quality

Physical Activity Levels

Access to Healthy Foods

Water Quality

Traffic-Related Accidents

Exposure to Toxins & Chemicals

Social Equity

Climate Change / Extreme Weather

Equality vs. Equity

BARHII Framework for Reducing Health Inequities

How can decisions impact our health?

Policies & Programs

Encourage people to make healthy choices
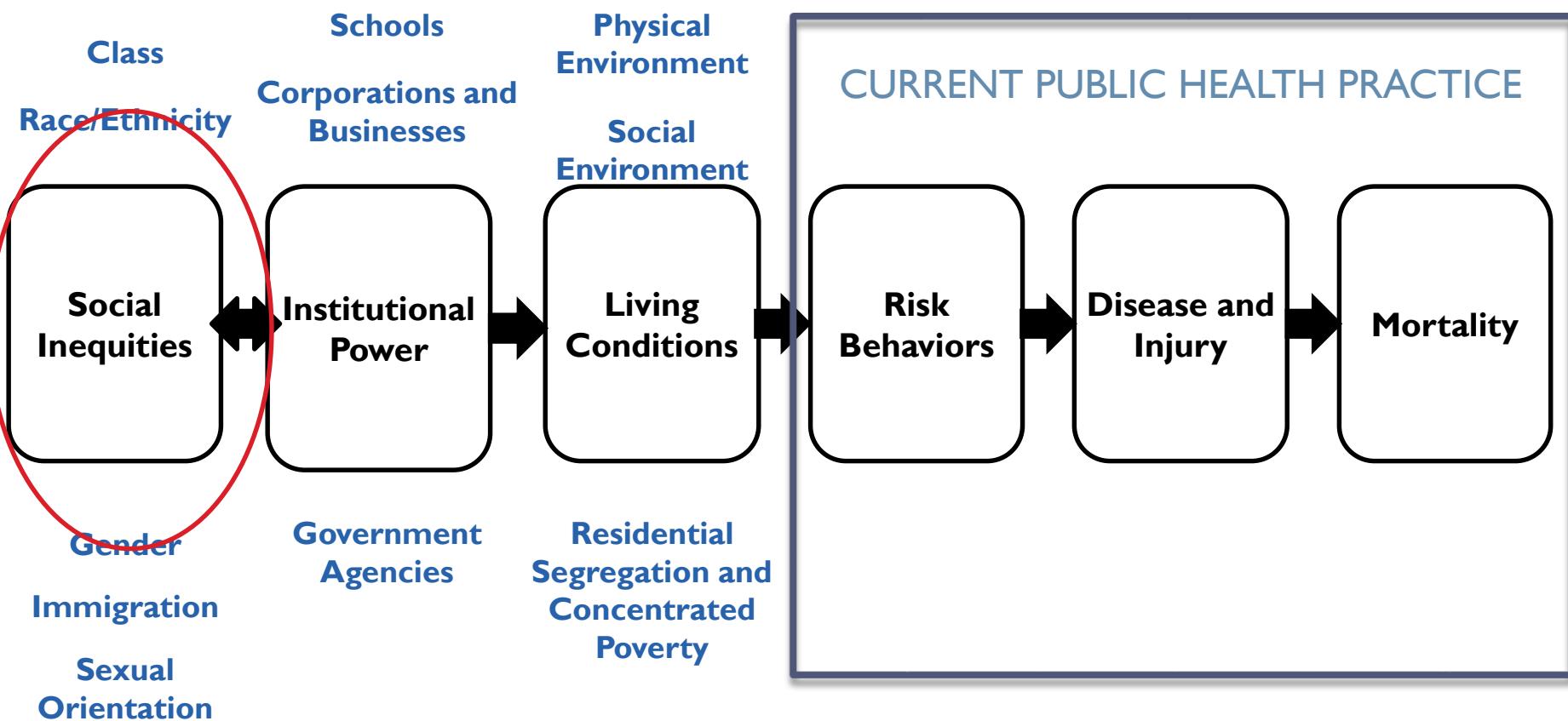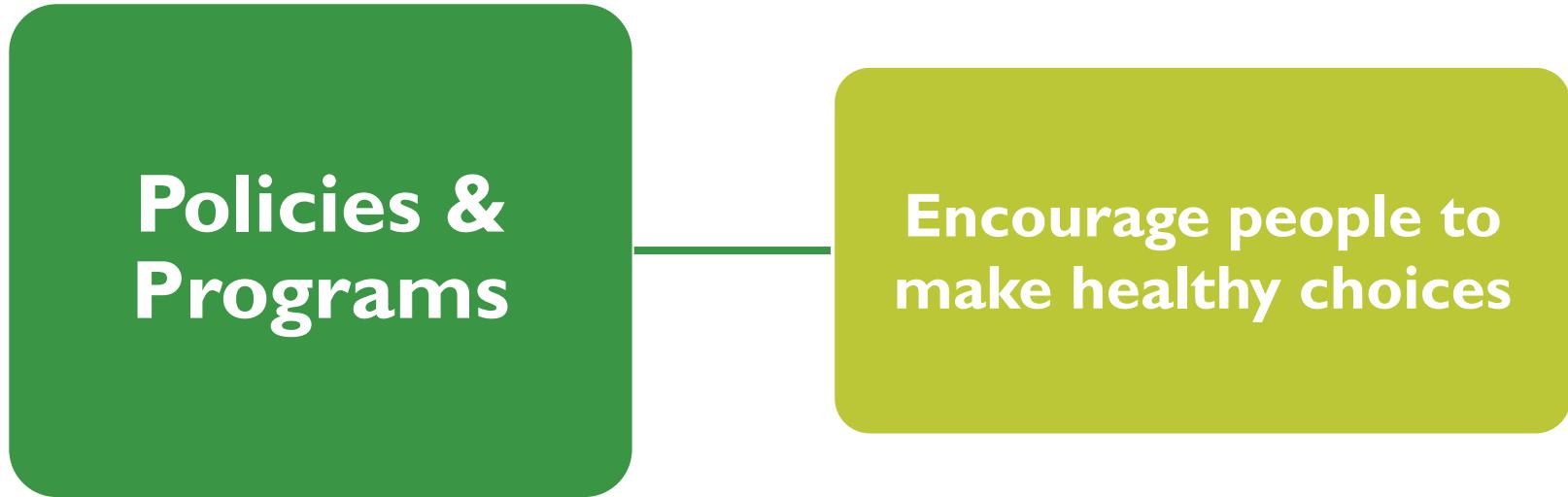
How can decisions impact our health: walking and biking?

Stakeholders

- **Elected Officials**

- **Transportation Department**

- **Planning Department**

- **Police Department**

- **Health Department**

- **Non-Profit Organizations**

Health Outcomes

- **Physical Activity**

- **Air Quality**

- **Climate Change**

- **Social Capital**

- **Traffic-Related Injuries**

How can decisions impact our health?
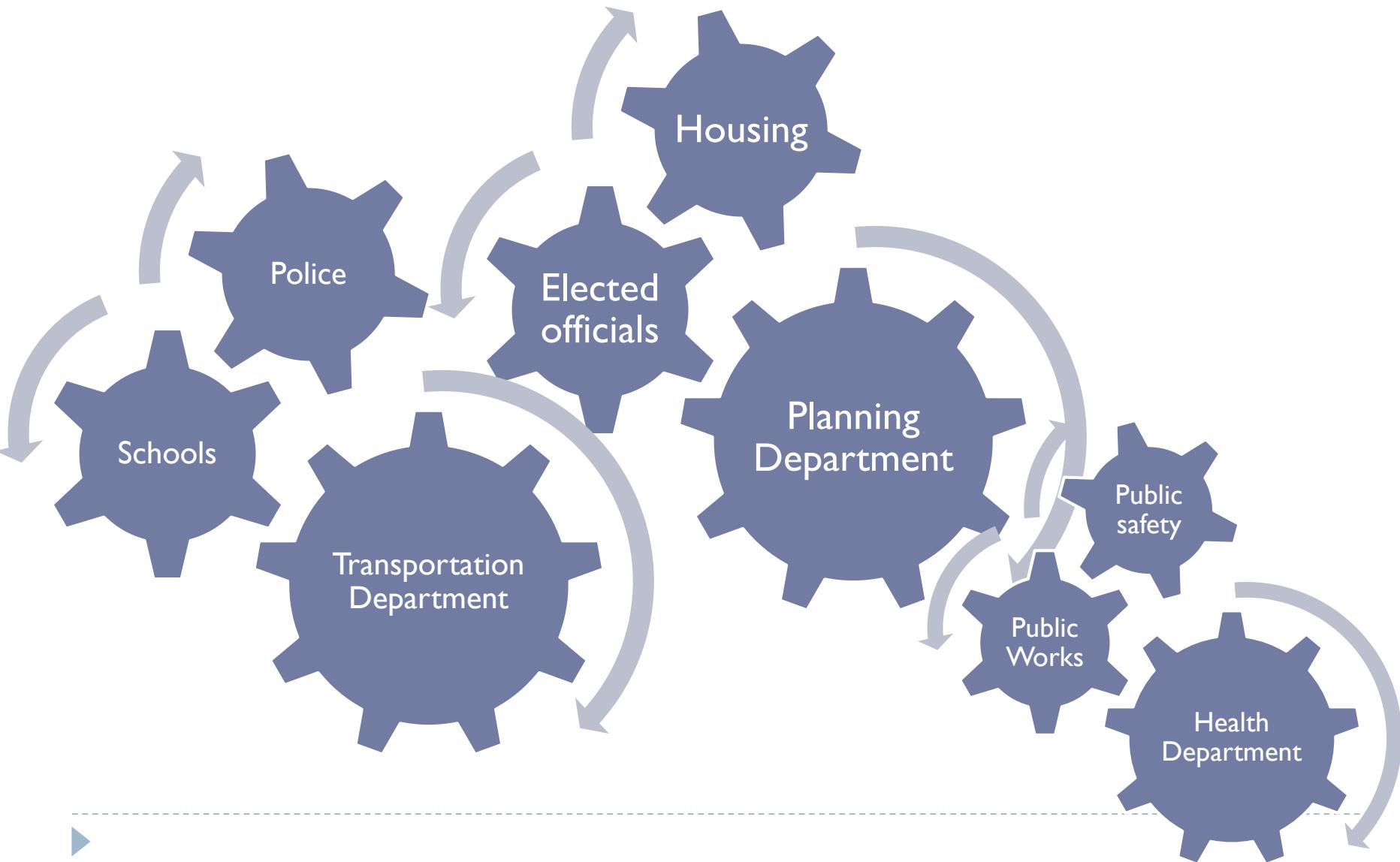
The how-to of HiAP

- **Health considerations in the decision making process** → How does a prospective-decision potentially impact population health?

  - HiAP is **upstream** – the focus is on addressing potential health impacts early in the decision processes

 - HiAP is **comprehensive** – all sectors, all stages of policy processes, all levels of government

Tactics for Implementing HiAP

▶ Convene a cross-sector collaborative or task force

▶ Consider health in the policy making process

▶ Establish accountability structures

How can HiAP help our community?

Thank you