

MINUTES – APPROVED
September 20, 2018

MENTAL HEALTH ADVISORY BOARD

August 16, 2018

3:00 p.m. – 5:00 p.m.

1400 Emeline Avenue, Room 206, Santa Cruz, CA

Present: Aimee Escalante, Bek Phillips, Hugh McCormick, Jodie Wells, Kathleen Avraham, Lynda Kaufmann, Rebekah Mills, Xaloc Cabanes, Supervisor Greg Caput

Excused Absence: 0

Unexcused Absence: 0

1. Public Comments

- Fox Sloan: addressed vaccination issues and family rights; focus is to stop the system from separating families
- BJ Nadeau: reduce suicide by educating the firearm community about suicide awareness, safe storage and removing access to someone who is at risk. Suggest to partner with gun shops, ranges, shooting clubs, firearm shooting experts and firearm owners
- Carol Williamson: Meeting announcement - Santa Cruz Mental Health Advocacy Meeting on August 29, 2018, 9:00 a.m. to 2:00 p.m. to be held at 1400 Emeline Avenue, Rooms 206-207, Santa Cruz. NAMI Santa Cruz, NAMI California and Santa Cruz County Behavioral Health begin the mental health community input process. Agenda includes: legislative updates from NAMI CA, tips for advocacy, a presentation from Santa Cruz County Behavioral Health on upcoming plans and budget, and breakout group discussions about the new stakeholder process. Meeting is open to the public.

2. Approved meeting minutes for July 19, 2018

Motion by Kate Avraham to approve MHAB minutes for July 19, 2018. Second by Rebekah Mills

AYES: Aimee Escalante, Bek Phillips, Hugh McCormick, Jodie Wells, Kathleen Avraham, Lynda Kaufmann, Rebekah Mills, Xaloc Cabanes, Supervisor Greg Caput

NAYS: 0

ABSTAIN: 0

3. Standing Board of Supervisors (BOS) report, Supervisor Greg Caput:

- BOS voted on Grand Jury Report – good recommendations by Grand Jury; County responses were positive and very good, however did not agree with 20% of the responses (majority from the Sheriff's Office regarding their response to individuals with behavioral health issues), therefore voted no. BOS vote: 4 to 1, item approved.
- Vacant Mental Health Advisory Board Member position: Jim Roszell moved out of the area

4. Standing Behavioral Health (BH) Directors report, Erik Riera:

- Requested that the Board respond to the Grand Jury Report of Findings and Recommendations specified in the report titled "Honoring Commitments to the Public." The complete Response Packet may be found on the Mental Health Advisory Board website at http://www.santacruzhealth.org/Portals/7/Pdfs/Local%20Mental%20Health%20Board/HonoringCommittments_MHAB_ResponsePacket.pdf

Motion by Rebekah Mills to include all responses to the Grand Jury Report of Findings and Recommendations as discussed. Second by Bek Phillips.

AYES: Aimee Escalante, Bek Phillips, Hugh McCormick, Jodie Wells, Kathleen Avraham, Lynda Kaufmann, Rebekah Mills, Xaloc Cabanes, Supervisor Greg Caput

NAYS: 0

ABSTAIN: 0

5. Ad Hoc Committee and Board Member Reports:

a. Jail Committee Report

- Jail Committee Meeting tomorrow; Anne Hadreas, Supervising Attorney of the Mental Health Practice Group at Disability Rights California will do presentation on jails in California, not specific to the Santa Cruz County Jail
- Post Mission Statement and Vision Statement of Jail Committee on the Mental Health Advisory Board website

Motion by Aimee Escalante to post the Jail Committee Mission and Vision Statement on the Mental Health Advisory Board website. Second by Jodie Wells

AYES: Aimee Escalante, Bek Phillips, Hugh McCormick, Jodie Wells, Kathleen Avraham, Lynda Kaufmann, Rebekah Mills, Xaloc Cabanes, Supervisor Greg Caput

NAYS: 0

ABSTAIN: 0

- Still looking for community participation and committee members
- Working on developing a relationship with Behavioral Health Staff, to work with the committee and provide information needed

b. Community Engagement Committee Report

- World Suicide Prevention Day - Light a Candle Event, September 10, 2018
 - per the City of Santa Cruz, location at the Clock Tower not an issue
 - Suicide Prevention of Santa Cruz will have table at event
 - Reporter Michael Todd from the Herald will cover event and write article
 - Hugh will publish in Good Times the week before event
 - Advertising for the event: NAMI, MHCAN, PVUSD, Suicide Prevention, Santa Cruz Unified, Cabrillo, UCSC, announcement at the August 28th BOS Meeting
 - MHAB will provide candles for the event
 - Bek to speak before the lighting of the candles; volunteered to be interviewed by the reporter
 - Everyone will have an opportunity to say name of a loved one lost due to suicide
 - Suggestion to play music in the background
- Mental Health Conference at Twin Lakes, October 11-13, 2018
 - Contact Person at Twin Lakes: Dan Baker
 - Mental Health Advisory Board will have table at conference
 - Hugh to follow up with Twin Lakes, details will be provided at the next meeting

- c. MHSA Advisory Committee – Lynda Kaufmann and Bek Phillips
 - No updates. Will meet with Erik and/or staff to get general understanding of how public comments will be received
 - Lynda attended MHSOAC meeting – better understanding of how innovations funds must be voted and approved by the MHSOAC Committee. Also, learned that Counties pool together funds for a greater impact
 - Carol Williamson volunteered to be involved with the committee

 - d. Membership Committee - Aimee Escalante and Jodie Wells
 - 2 applications submitted
 - Spanish speaking Mental Health Advisory Board Members preferred but do not want to keep positions vacant too long
 - Advisory Board can make recommendations however do not have authority to make final selection. Process of paper applications received by the MHAB Members: Recorder will forward originals to the Clerk of the Board; any follow up emails regarding the status of the applications will be sent to the Clerk of the Board, copying Aimee Escalante
 - Actively recruiting for Members at Large; no formal outreach in place

 - e. Site Visit Committee – no update
6. New Business/Future Agenda Items
- a. Volunteers to attend Local Mental/Behavioral Health Boards and Commissions Small County Training – Saturday, August 25th, 9:30 a.m. to 3:00 p.m. in Redding. Xaloc will confirm training is still on the calendar as scheduled and will inform the Board
 - b. Discussion on a presentation regarding the Behavioral Health Access Intake-Crisis Intervention-Psychiatric Crisis Medication function in Watsonville – postpone to the next regular meeting
 - c. Calendar of MHAB Members Presentation Topics – discussion to be held at the next regular meeting, and Board members should be prepared to share their topic of interest
 - d. Mental/Behavioral Health Board Evaluation Forms – to be completed after meeting adjourns
 - e. NAMI on Campus High School (NCHS) Clubs are student clubs that raise mental health awareness and reduce stigma on campus through fun activities and education. Advisors are needed and will receive training on their role as a trusted adult and mental health resource for students. First training will be held on September 18th.
7. Motion to adjourn made by Bek Phillips. Second by Jodie Wells. Meeting adjourned at 4:52p.m.